

The background is a light cream color, densely decorated with gold-colored elements. There are numerous small, five-pointed stars scattered throughout. Larger, more prominent are starburst or asterisk-like shapes, each formed by several thin lines radiating from a central point. The overall effect is festive and celebratory.

**January**

**2024**

**Newsletter**

**Summerwood Village**

**Optima Living**

**Dear residents and  
Families,**

**It's hard to believe that  
another year has come &  
gone!**

**All of us at Summerwood  
village look forward to a  
fresh start, and all the  
opportunity that comes  
with a new beginning.**

**“Approach the New Year  
with resolve to find the  
opportunities hidden in  
each new day”.**

*Warmly,*

*Noelle Cakmak*

*Recreation Manager*

# January Highlights

**Saturday Night  
Movies are back!**

**This Month's  
features:**

***Grease***

***The Notebook***

***The Wizard of OZ***

***The Good, The  
Bad, & The Ugly***

**January**

**15th-**

**Resident  
Council**

**January**

**24th-**

**Resident  
Birthday  
Party!**

**January**

**31st**

**Resident  
Welcome  
Party!**

# Glance at December 2023



**Getting festive on Memory Care with  
Tree decorating!**



**Our Residents raising  
money for the Christmas  
Bureau in Sherwood park!**



**Monday afternoon's  
Christmas Crafts with  
Kim!**



# **January Birthdays!**

**Jan 2nd Ruth A.**

**Jan 3rd- Leona M.**

**Jan 4th- Edla M.**

**Jan 11th- Zlatko K.**

**Jan 13th - Barbara S.**

**Jan 17th- Ronald J.**

**Jan 31st- Helga M.**

# Resident Spotlight!

For a long time, I have enjoyed writing poetry taken from different walks of life. I started with poems about my family and then expanded to a wide variety of topics. One of these poems (attached) became the launching pad for me to start writing stories from my life.

Thanks to my family, my collection of poems, entitled *The Prolific Rhyming Musings of Harold Tipler*, and memoir, *A Tip(p)ler Walks Into A Bar*, have been made into e-books. If you think you might be interested in reading either (or both) books, just let me know and I'll email them to you. (Or, if you're like me and find your eyes get tired from reading off the computer screen, I also have a few printed copies of the memoir I've been lending out, but only if you live close by.)

**HINT:** The pictures alone are well worth the time it takes to scan through both books.

Hope to hear from you,

Harold Tipler

p 1 @g



# **Closing Remarks**

**We hope you enjoyed our  
January newsletter!**

**We are looking forward to  
bringing our residents a  
bright, warm, and meaningful  
year to come.**

**Did we miss something?**

**If you'd like to have something  
featured in next months newsletter**

**please contact**

**[noelle.cakmak@optimaliving.ca](mailto:noelle.cakmak@optimaliving.ca)**

**Warmly,  
Noelle Cakmak  
Recreation Manager**